

The Cornerstone Academy

PD Curriculum PSHE/SRE



The Cornerstone Academy Personal Development Curriculum for Years 7-11

The Cornerstone Academy PD Curriculum is studied by all students at Cornerstone in Key stage 3.

At Key Stage 4 students study PSHE and SRE through a series of collapsed timetable days or within their RE lessons.

1. Intent of the curriculum

The Cornerstone Academy Curriculum for PD is based on the curriculum guidance from the PSHE association. It ensures that students at The Cornerstone Academy cover the SRE statutory guidance during their time at The Academy. The PD curriculum develops the students' knowledge and skills to keep themselves healthy, safe and prepared for life and work. The Cornerstone Academy PD Curriculum has a focus on identity and equality which supports the Equality Act of 2010 and it also covers many safeguarding issues such as online safety, child sexual exploitation, extremism and FGM which supports the 'Keeping Children Safe in Education'.

The Cornerstone Academy Curriculum for PD will cover:

- Relationships
- Finance, career and enterprise
- Growing up
- Keeping safe
- Rules, responsibilities and community
- Staying healthy

2. Implementation of the Personal Development Curriculum

Year 7 and 8 PD teaching takes 1 x 50 minute lesson per week. Year 9, 10 and 11 Personal Development lessons are taught through collapsed timetable days throughout the school year or within RE lesson time.

The PD curriculum at The Cornerstone Academy is implemented according to the teaching and learning policy of the school. Rosenshine and 'Teach Like A Champion' techniques are the basis of the schools teaching and learning practice. Staff will follow dedicated schemes of work to ensure that all students follow the Cornerstone Academy PD curriculum.

All lessons at each key stage should use quizzing to promote recall, retention, application and mastery of content. This low-stakes assessment for learning will be used by staff to inform their planning and class interventions.

Modelling should be used frequently with the aid of visualisers to guide student practice and improve the quality of student response.



Assessment of Personal Development takes place throughout the lessons as young people need regular opportunities to reflect on and identify what they have learnt. Teachers will gauge student progress through regular questioning in lessons and assessing pieces of extended written work.

3. Impact of the Personal Development Curriculum

The impact of the Personal Development Curriculum can be seen across the wider whole school culture. Throughout PD lessons students are developing their own SMSC and this leads to students being part of a 'healthy school' culture.

Students are taught a number of 'soft skills' throughout the PD programme such as problem solving, team working and enquiry and this can then be transferred to the wider school curriculum and life beyond the school.

By the end of the PD curriculum students at The Cornerstone Academy should be able to navigate an increasingly complex world. Students will be taught how to stay safe and healthy and how to manage their academic, personal and social lives in a positive way. The SRE lessons at The Cornerstone Academy will cover all of the statutory requirements and students will be able to draw links with other curriculum subjects such as Science.



1 x 50 Others Different viewpoints Esson a week New Esson a week Mental Health Social media and self image Portrayal in the media wheek New Esson a week Mental Health Social media and self image Portrayal in the media wheek Mental Health Social media and self image Portrayal in the media wheek Mental Health Boundaries Finances Ethics of the finance industry First aid Consent and law Personal safety Triggers of unhealthy coping behaviours Positive and negative of drugs Positive and negative of drugs Privacy and boundaries Positive and self try types Privacy and boundaries Positive and self try types Privacy and boundaries Puberty Positive and seating plant Privacy and boundaries Puberty Puberty Gender and sexuality Privacy and boundaries Privacy and boundarie	Year	Term 1	Term 2	Term 3	Term 4	Term 5	Term 6
min lesson a week New Scheme for 2024/25	7	Valuing myself and	Responsibilities and	Amplifying voices	Making safe choices	Growing and Thriving	Healthy Futures
Extreme viewpoints week Diverse communities Healthy choices Healthy choices Portrayal in the media Portrayal in the media Postitive and negating scheme Fortayal in the media Postitive and negating scheme Postrayal in the media Postrayal in the finance Postrayal in the media	1 x 50	others	Values	Mental Health	Images portrayed	FGM	Responsibility for physical
week New Scheme for 2024/25 Diverse communities Risk taking Healthy choices Vaccinations Roles within a family Boundaries Finances Portrayal in the media When things go wrong online Personal safety First aid Triggers of unhealthy coping behaviours Puberty Gender and sexuality Bullying and its impact Positive and negative of drugs 8 Mental Well being In x 50 min Stress Prejudice and Discrimination Stress Careers and Money Ageism First Aid, Drugs Advertising and consumer choices Sex and Relationship Education Eatlationship Education Radicalisation a Eating Disorders Managing Loss Religious Discrimination Responsibilities Needs and Wants Financial Decision Responsibilities Basic First Aid - life saving skills (CPR and Defibrillator) Drugs and the Law Cannabis – Gateway drug Resisting Peer Pressure Constraception Internet Safety – Relationships Fake News 9 Personal Safety Risk Taking Gangs County Lines Sex and Relationships Consequences Career Employment Types (Aspirations) Options at Post 16 Options for KS4 Employability skills Presonal safety Firity and boundaries Desitive and negative coping behaviours Puberty Gender and sexuality Bullying and its impact Sex and Relationship Reduction Internet Safety Reduction Extremism Constituted Consumer Choices Pressure Sex and Relationship Consent Consent Relationships Constituted Consent Grooming Contraception Resisting Peer Pressure Drugs Education Resisting Pee	min	Different viewpoints	Personal strengths,	Social media and self	online	Peer influence and	health
New scheme scheme for 2024/25 Roles within a family for 2024/25 Boundaries Finances Financial Decision Financial Decision Financial Decision Financial Planning Financial Planning Financial Planning Financial Financi	lesson a	Extreme viewpoints	skills and values	image	Consent and law	consent	A balance diet
Scheme for 2024/25 Roles within a family Boundaries Finances Mental Well being 1 x 50 Mindfulness Body Image Eating Disorders Managing Loss Managing Loss Personal Safety Risk Taking Gangs Consent Sex Tis County Lines Knife Crime Self Harm Scheme for 2024/25 Roles within a family Boundaries Ethics of the finance industry Careers and Money and Finance industry Careers and Money and First Aid, Drugs Education Ethics of the finance industry Careers and Money and Finance Advertising and consumer choices Ageism Advertising and consumer choices Religious Discrimination Rights and Sweatshops Responsibilities LGBTQI+ Rights Privacy and boundaries Ethics of the finance industry Careers and Money and Finance Advertising and consumer choices Needs and Wants Fair Trade Sweatshops Financial Decision Making Career Choices Financial Planning Gangs County Lines Knife Crime Self Harm Roles within a family Boundaries Ethics of the finance industry Careers and Money and First Aid, Drugs Education Emergency First Aid on Emergency First Aid (999) First Aid, Drugs Education Positive and Stable relationships Consent (CPR and Defibrillator) Drugs and the Law Cannabis - Gateway Carnabis - Gateway Carn	week	Diverse communities	Healthy choices	Portrayal in the media	Personal safety	Triggers of unhealthy	Positive and negative use
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Sex and Relationships Sex	scheme		Roles within a family	online	Privacy and boundaries	Puberty	Misuse of Drugs Act 1971
8 Mental Well being 1 x 50 Mental Health 2 Discrimination Ageism Advertising and lesson a Week Mental Health Bady Image Eating Disorders Managing Loss Managing Loss Managing Loss Risk Taking Gangs County Lines Consequences Knife Crime Self Harm Consequences of Sexting Mental Health Discrimination Ageism Advertising and Consumer choices and Maney and Finance Advertising and Consumer choices (Advertising and Consumer choices (Advertising and Consumer choices (Parameter Series Aid – life Seducation Positive and Stable relationships and Social Media Pressure Fake News Social Media Pressure Fake News Social Media Sweatshops (CPR and Defibrillator) Drugs and the Law Cannabis – Gateway drug Resisting Peer Pressure Misk Taking Gangs Consent STIs Consent Knife Crime Self Harm Consequences Of Sexting Peer Pressure Misk Self Harm Consequences of Sexting Peer Pressure Advertising and Consemand Money and Finance Education Emergency First Aid – life Sex and Relationship Education Positive and Stable relationships (Pressure Pressure Saving skills (CPR and Defibrillator) Drugs and the Law Cannabis – Gateway drug Resisting Peer Pressure Pressure Pressure Pressure Advertising Peer Pressure Pressure Pressure Advertising Peer Pressure Pressure Advertising Peer Pressure Pressure Pressure Advertising Peer Pressure Pressure Pressure Advertising Peer Pressure Pressure Pressure Pressure Advertising Peer Pressure Press	for		Boundaries	Ethics of the finance		Gender and sexuality	Different types of
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Self Esteem Disability Discrimination Consumer choices Mindfulness Body Image Eating Disorders Managing Loss Medis and Managing Loss Responsibilities LGBTQI+ Rights Career Choices – Financial Planning Gangs Consent Consequences Con	1 x 50	Mental Health	Discrimination	and Finance	Education	Education	Radicalisation and
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Eating Disorders Managing Loss Responsibilities LGBTQI+ Rights Making Career Choices — Financial Planning Careers Risk Taking Gangs County Lines County Lines Knife Crime Self Harm Cansed and self to self the management of the self the management of the self the management of the ma	week	Mindfulness	Racism	Needs and Wants	Basic First Aid - life	Pressure	Fake News
Managing Loss Responsibilities LGBTQI+ Rights Responsibilities LGBTQI+ Rights Responsibilities LGBTQI+ Rights Responsibilities LGBTQI+ Rights Raking Career Choices – Financial Planning Resisting Peer Pressure Personal Safety Risk Taking Gangs Consent Gangs County Lines Consequences Knife Crime Self Harm Consequences of Sexting Responsibilities Making Career Choices – Financial Decision Making Career Choices – Financial Planning Resisting Peer Pressure Per Pressure Peer pressure and Career Choices – Relationships Grooming Resisting Peer Pressure Peer pressure and Expectations Risks associated of drink and drug Legal Highs focused in the individual of the individual o		Body Image	Religious Discrimination	Fair Trade	saving skills	Consent	
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Personal Safety Risk Taking Gangs Consent Gangs County Lines Knife Crime Self Harm Consequences of Sexting Sex and Relationships Careers Employment Types (Aspirations) Options at Post 16 Options for KS4 Self Harm Consequences of Sexting Careers Employment Types (Aspirations) Options at Post 16 Options for KS4 Employability skills Legal Highs foc		Managing Loss	Responsibilities	Financial Decision	Drugs and the Law	Internet Safety –	
9 Personal Safety Risk Taking Gangs Consent County Lines Knife Crime Self Harm Consequences of Sexting Financial Planning Resisting Peer Pressure Careers Employment Types (Aspirations) Coptions at Post 16 Options for KS4 Employability skills Consequences of Sexting Financial Planning Resisting Peer Pressure Drugs Education Peer pressure and Peer pressure Peer			LGBTQI+ Rights	Making	Cannabis – Gateway	Relationships	
9 Personal Safety Risk Taking Gangs Consent Sex and Relationships Consent Gangs County Lines Knife Crime Self Harm Consequences of Sex and Relationships Careers Employment Types (Aspirations) Options at Post 16 Options for KS4 Employability skills Self Harm Consequences of Sexting Careers Employment Types Peer pressure and Careers Peer pressure and Expectations Risks associated to the process of				Career Choices –	drug	Grooming	
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Gangs STIs (Aspirations) Expectations County Lines Consequences Options at Post 16 Knife Crime Teenage Pregnancy Options for KS4 Self Harm Consequences of Sexting Employability skills Impact on the indiv	9	Personal Safety	Sex and Relationships	Careers			Drugs Education
County Lines Knife Crime Self Harm Consequences of Sexting Consequences Options at Post 16 Consequences Options of KS4		Risk Taking	Consent	Employment Types			Peer pressure and Social
Knife Crime Teenage Pregnancy Options for KS4 Self Harm Consequences of Sexting Consequences of Sextin		Gangs	STIs	(Aspirations)			Expectations
Self Harm Consequences of Employability skills Legal Highs foc Sexting Impact on the indiv		County Lines	Consequences	Options at Post 16			Risks associated with
Sexting Impact on the indiv		Knife Crime	Teenage Pregnancy	Options for KS4			drink and drugs
		Self Harm	Consequences of	Employability skills			Legal Highs focus
Dangers of Pornography and society.			Sexting				Impact on the individual
			Dangers of Pornography				and society.



Year	Term 1	Term 2	Term 3	Term 4	Term 5	Term 6
10		Careers Education	Sex and Relationship			Drugs Education and
Embedded		Work Experience Focus	Education			Well being
within RE		CV Writing	LGBTQ			The Law on Drugs
lessons		Preparing for the	Consent			(supply/future
(excluding		workplace	Victim Blaming			career/travel)
careers)			Sexual Harassment			Risks of alcohol
		Health and Safety in	Peer on Peer Abuse			consumption
		the work place				Addiction and
						Dependency
						Gambling
						Financial Debt
11		Sex and Relationship	Drugs Education			
2		Education	Emergency First Aid			
collapsed			following alcohol/drug			
timetable		RespectEd team deliver	misuse			
days		on	Long term drug related			
		Sex, Love and	issues			
		Commitment.				
		Self Esteem				
		Social Media				
		Pornography				

Please note that there may look like some overlap between year 7 and 8. We are introducing a new scheme which will develop each year following year 7.

