



The Cornerstone Academy

PD Curriculum

PSHE/SRE



The Cornerstone Academy Personal Development Curriculum for Years 7-11

The Cornerstone Academy PD Curriculum is studied by all students at Cornerstone in Key stage 3.

At Key Stage 4 students study PSHE and SRE through a series of collapsed timetable days or within their RE lessons.

1. Intent of the curriculum

The Cornerstone Academy Curriculum for PD is based on the curriculum guidance from the PSHE association. It ensures that students at The Cornerstone Academy cover the SRE statutory guidance during their time at The Academy. The PD curriculum develops the students' knowledge and skills to keep themselves healthy, safe and prepared for life and work. The Cornerstone Academy PD Curriculum has a focus on identity and equality which supports the Equality Act of 2010 and it also covers many safeguarding issues such as online safety, child sexual exploitation, extremism and FGM which supports the 'Keeping Children Safe in Education'.

The Cornerstone Academy Curriculum for PD will cover:

- Relationships
- Finance, career and enterprise
- Growing up
- Keeping safe
- Rules, responsibilities and community
- Staying healthy

2. Implementation of the Personal Development Curriculum

Year 7 and 8 PD teaching takes 1 x 50 minute lesson per week. Year 9, 10 and 11 Personal Development lessons are taught through collapsed timetable days throughout the school year or within RE lesson time.

The PD curriculum at The Cornerstone Academy is implemented according to the teaching and learning policy of the school. Rosenshine and 'Teach Like A Champion' techniques are the basis of the schools teaching and learning practice. Staff will follow dedicated schemes of work to ensure that all students follow the Cornerstone Academy PD curriculum.

All lessons at each key stage should use quizzing to promote recall, retention, application and mastery of content. This low-stakes assessment for learning will be used by staff to inform their planning and class interventions.

Modelling should be used frequently with the aid of visualisers to guide student practice and improve the quality of student response.



Assessment of Personal Development takes place throughout the lessons as young people need regular opportunities to reflect on and identify what they have learnt. Teachers will gauge student progress through regular questioning in lessons and assessing pieces of extended written work.

3. Impact of the Personal Development Curriculum

The impact of the Personal Development Curriculum can be seen across the wider whole school culture. Throughout PD lessons students are developing their own SMSC and this leads to students being part of a 'healthy school' culture.

Students are taught a number of 'soft skills' throughout the PD programme such as problem solving, team working and enquiry and this can then be transferred to the wider school curriculum and life beyond the school.

By the end of the PD curriculum students at The Cornerstone Academy should be able to navigate an increasingly complex world. Students will be taught how to stay safe and healthy and how to manage their academic, personal and social lives in a positive way. The SRE lessons at The Cornerstone Academy will cover all of the statutory requirements and students will be able to draw links with other curriculum subjects such as Science.



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Year	Term 1	Term 2	Term 3	Term 4	Term 5	Term 6
7 1 x 50 min lesson a week New scheme for 2024/25	Valuing myself and others Different viewpoints Extreme viewpoints Diverse communities Risk taking	Responsibilities and Values Personal strengths, skills and values Healthy choices Vaccinations Roles within a family Boundaries Finances	Amplifying voices Mental Health Social media and self image Portrayal in the media When things go wrong online Ethics of the finance industry	Making safe choices Images portrayed online Consent and law Personal safety First aid Privacy and boundaries	Growing and Thriving FGM Peer influence and consent Triggers of unhealthy coping behaviours Puberty Gender and sexuality Bullying and its impact	Healthy Futures Responsibility for physical health A balance diet Positive and negative use of drugs Misuse of Drugs Act 1971 Different types of employment
8 1 x 50 min lesson a week	Mental Well being Mental Health Stress Self Esteem Mindfulness Body Image Eating Disorders Managing Loss	Prejudice and Discrimination Ageism Disability Discrimination Racism Religious Discrimination Rights and Responsibilities LGBTQI+ Rights	Careers and Money and Finance Advertising and consumer choices Needs and Wants Fair Trade Sweatshops Financial Decision Making Career Choices – Financial Planning	First Aid, Drugs Education Emergency First Aid (999) Basic First Aid - life saving skills (CPR and Defibrillator) Drugs and the Law Cannabis – Gateway drug Resisting Peer Pressure	Sex and Relationship Education Positive and Stable relationships Pressure Consent Contraception Internet Safety – Relationships Grooming	Internet safety Radicalisation and Extremism Social Media Fake News
9	Personal Safety Risk Taking Gangs County Lines Knife Crime Self Harm	Sex and Relationships Consent STIs Consequences Teenage Pregnancy Consequences of Sexting Dangers of Pornography	Careers Employment Types (Aspirations) Options at Post 16 Options for KS4 Employability skills			Drugs Education Peer pressure and Social Expectations Risks associated with drink and drugs Legal Highs focus Impact on the individual and society.

Year	Term 1	Term 2	Term 3	Term 4	Term 5	Term 6
10 Embedded within RE lessons (excluding careers)		Careers Education Work Experience Focus CV Writing Preparing for the workplace Health and Safety in the work place	Sex and Relationship Education LGBTQ Consent Victim Blaming Sexual Harassment Peer on Peer Abuse			Drugs Education and Well being The Law on Drugs (supply/future career/travel) Risks of alcohol consumption Addiction and Dependency Gambling Financial Debt
11 2 collapsed timetable days		Sex and Relationship Education RespectEd team deliver on Sex, Love and Commitment. Self Esteem Social Media Pornography	Drugs Education Emergency First Aid following alcohol/drug misuse Long term drug related issues			

Please note that there may look like some overlap between year 7 and 8. We are introducing a new scheme which will develop each year following year 7.